



| Ju   | Kiga             |       | Vorschule       |       | AK1              |       | AK2               |       | AK3              |       | AK4               |       |
|------|------------------|-------|-----------------|-------|------------------|-------|-------------------|-------|------------------|-------|-------------------|-------|
| 1994 |                  |       |                 |       | Markus Trepte    |       | Robert Minsel     |       | Steffen Thiele   |       | Steve Kretzschmar |       |
| 1995 |                  |       |                 |       | Falko Luck       |       | Matthias Hoffmann |       | Stephan Rothe    |       | Stefan Trepte     | 03:06 |
| 1996 |                  |       |                 |       | Felix Jarsumbek  | 03:54 | Marcus Grille     | 03:47 | Markus Trepte    | 03:24 | Nico Müller       | 03:28 |
| 1997 |                  |       |                 |       | Florian Gebhardt | 03:45 | Andreas Hausmann  | 03:35 | Steve Zorn       | 03:35 | Marcus Thiele     | 03:29 |
| 1998 |                  |       |                 |       | Steve Schneider  | 03:50 | Florian Gebhardt  | 03:30 | Robert Kalex     | 03:26 | Marcus Grille     | 03:20 |
| 1999 |                  |       |                 |       | Paul Bolz        | 03:54 | Steve Schneider   | 03:25 | Florian Gebhardt | 03:18 | Tino Vogel        | 03:15 |
| 2000 |                  |       |                 |       | Stefan Simsohn   | 03:50 | Christian Höna    | 03:39 | Nick Wilhelm     | 03:22 | Florian Gebhardt  | 03:12 |
| 2001 |                  |       |                 |       | Julian Gebhardt  | 03:57 | Benjamin Sachse   | 03:38 | Christian Höna   | 03:31 | Nick Wilhelm      | 03:10 |
| 2002 |                  |       |                 |       | Marvin Luck      | 03:51 | Sven Bennewitz    | 03:35 | Benjamin Sachse  | 03:34 | Christian Höna    | 03:15 |
| 2003 |                  |       |                 |       | Stefan Frost     | 04:07 | Robert Schröter   | 03:26 | Sven Bennewitz   | 03:24 | Benjamin Sachse   | 03:22 |
| 2004 |                  |       | Rudolf Möller   | 02:49 | Philipp Claus    | 04:01 | Tobias Gebhardt   | 04:01 | Marvin Luck      | 03:17 | Sven Bennewitz    | 03:07 |
| 2005 |                  |       | Marvin Purl     | 03:23 | Rudolf Möller    | 03:44 | Philipp Frommhold | 03:45 | Tobias Gebhardt  | 03:45 | Marvin Luck       | 03:11 |
| 2006 |                  |       | Mark Thieme     | 03:10 | Leon Thräne      | 04:42 | Erik May          | 04:01 | Max Krohe        | 03:46 | Tobias Gebhardt   | 03:25 |
| 2007 |                  |       | Henry Voß       | 02:55 | Mark Thieme      | 03:47 | Johannes Alm      | 03:49 | Rudolf Möller    | 03:32 | Nico Scheiblich   | 03:28 |
| 2008 |                  |       | Moritz Stahn    | 03:01 | Tom Ruhner       | 03:52 | Mark Thieme       | 03:23 | Johannes Alm     | 03:31 | Rudolf Möller     | 03:28 |
| 2009 |                  |       | Christoph Sulak | 02:57 | Moritz Stahn     | 03:54 | Henry Voß         | 03:38 | Michael Zschunke | 03:33 | Johannes Alm      | 03:31 |
| 2010 | Cedric Eckert    | 03:11 | Paul Hoyer      | 02:58 | Frederik Badelt  | 03:34 | Jan Winkler       | 03:39 | Henry Voß        | 03:27 | Michael Zschunke  | 03:21 |
| 2011 |                  |       | Cedrik Eckert   | 02:46 | Paul Hoyer       | 03:38 | Frederik Badelt   | 03:29 | Jan Winkler      | 03:32 | Tom Ruhner        | 03:32 |
| 2012 | Janek Bachmann   | 03:00 | Justin Jopke    | 02:53 | Cedric Eckert    | 03:32 | Paul Hoyer        | 03:19 | Frederik Badelt  | 03:12 | Jan Winkler       | 03:25 |
| 2013 | Willy Richter    | 03:27 | Janek Bachmann  | 02:52 | Justin Jopke     | 03:39 | Cedrick Eckert    | 03:20 | Paul Hoyer       | 03:08 | Frederik Badelt   | 03:04 |
| 2014 | Oscar Rennert    | 03:05 | Nik Ulbricht    | 02:59 | Janek Bachmann   | 03:34 | Justin Jopke      | 03:26 | Cedric Eckert    | 03:13 | Paul Hoyer        | 03:09 |
| 2015 | Tyren Wolf       | 03:14 | Oscar Rennert   | 02:51 | Nik Ulbricht     | 03:47 | Janek Bachmann    | 03:25 | Justin Jopke     | 03:16 | Cedric Eckert     | 03:11 |
| 2016 | Hans Erik Thiele | 03:10 | Tyren Wolf      | 02:57 | Lukas Arnhold    | 03:34 | Nik Ulbricht      | 03:28 | Janek Bachmann   | 03:15 | Justin Jopke      | 03:13 |
| 2017 | Arne Jaeschke    | 03:18 | Henry Dehmel    | 02:45 | Paul Pönitz      | 03:39 | Lukas Arnhold     | 03:22 | Nik Ulbricht     | 03:23 | Janek Bachmann    | 03:14 |
| 2018 | Ludwig Proy      | 03:09 | Linus Gabrisch  | 02:52 | Henry Dehmel     | 03:28 | Paul Pönitz       | 03:21 | Lukas Arnhold    | 03:17 | Nik Ulbricht      | 03:16 |
| 2019 | Konrad Riemer    | 03:18 | Aaron Reising   | 02:49 | Linus Gabrisch   | 03:35 | Hans Erik Thiele  | 03:17 | Paul Pönitz      | 03:14 | Lukas Arnhold     | 03:22 |
| 2022 | Lio Sucher       | 03:22 | Denny Langkabel | 02:47 | Timo Türke       | 03:50 | Konrad Riemer     | 03:27 | Ludwig Proy      | 03:22 | Arne Jaeschke     | 03:27 |
| 2023 | Johann Wenzel    | 03:07 | Edgar Wannrich  | 02:46 | Denny Langkabel  | 03:33 | Aaron Sindel      | 03:28 | Konrad Riemer    | 03:21 | Ludwig Proy       | 03:09 |
| 2024 | Johann Tönnigs   | 03:22 | Johann Wenzel   | 02:51 | Edgar Wannrich   | 03:43 | Bruno Förster     | 03:23 | Aaron Sindel     | 03:29 | Konrad Riemer     | 03:15 |